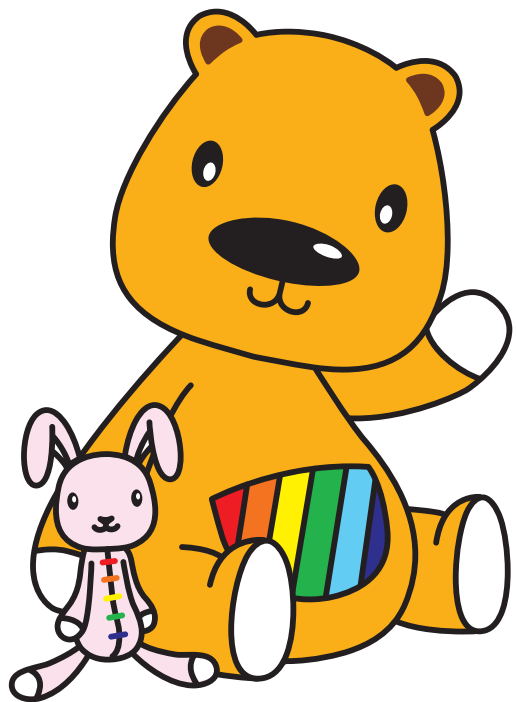
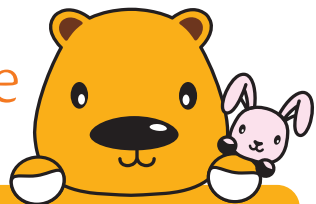


# Helping children cope when cancer affects the family



## A Caring Place



The Rainbow Club helps children who have a family member with cancer or who have lost someone to cancer. We believe no one should face cancer alone, including children.

Providing support, education and understanding, we listen to children and talk to them about changes that might be happening in their family.

Through playtime, art, activities, fun, and simply sharing, we help to restore smiles and confidence. Our programmes for parents also provide guidance and support on how to communicate with children during the cancer journey. There is always sunshine to be found after the rain at The Rainbow Club.

Our service is FREE! Call us **3656 0800**

“ Thanks to Cancer Fund’s professional support and activities, we know that we are not alone when facing cancer. ”

Sau Ying, living with breast cancer

## Children need support when a family member has cancer

Cancer affects the entire family. Cancer is not an easy subject to talk about and many parents avoid the topic in fear that they will scare their children, making things worse. However, when someone in the family is diagnosed with cancer and it’s not talked about, a child’s fear, anxiety or sadness will only increase.

They could feel lonely, depressed, and frustrated. Children need to have cancer explained to them by professionals in a language they can understand and receive support to cope and heal, just like adults.

## Has your child asked...

- Did I cause my mum/dad’s cancer?
- Will I get cancer now?
- Why do people lose their hair during chemotherapy?
- Will my mum/dad die?

### If a family member passed away from cancer:

- Why did my mum/dad die?
- Did I do something wrong?
- If I die, will I be able to join my mum/dad in heaven?

Come and see how our professional staff which includes clinical psychologist, art therapists, social workers and child experts can help relieve anxieties and explain things to your children. The Rainbow Club caters to children aged 5 to 17.



## We’re here to help



We offer a safe and caring environment where children can express their feelings, restore confidence and understand what’s going on.

### They can enjoy:

- Art programmes to help them express their hidden emotions
- Fun games and activities for self-exploration
- Talking to our counsellors about their worries / anxieties
- Family workshops designed to improve relationships and communication between parents and children
- Playtime to free them from worries
- Mutual support from other children who have similar experiences
- Life skills programmes to promote confidence and self-development

### Become Our Fan



Hong Kong Cancer Fund 香港癌症基金會

## Come visit us

The Rainbow Club is a free service available at each of our 4 support centres. Both you and your children can access activities at the same time. Please visit us at any of our centres:

**Hong Kong Cancer Fund Women Support Centre (Central)**  
Unit 5, Ground Floor, The Center, 99 Queen’s Road Central, Hong Kong.  
(MTR Sheung Wan Station Exit E1/E3)  
Tel: **3667 3131**

**Hong Kong Cancer Fund Support Centre (North Point)**  
Room 2201-03, China United Centre, 28 Marble Road, North Point, Hong Kong.  
(MTR North Point Station Exit A4)  
Tel: **3667 3030**

**Hong Kong Cancer Fund Support Centre (Wong Tai Sin)**  
Unit 2-8, Wing C, G/F, Lung Cheong House, Lower Wong Tai Sin Estate, Kowloon, Hong Kong.  
(MTR Wong Tai Sin Station Exit C2)  
Tel: **3656 0700**

**Hong Kong Cancer Fund Jockey Club Support Centre (Kwai Chung)**  
3/F, TLP132, 132-134 Tai Lin Pai Road, Kwai Chung, New Territories, Hong Kong.  
(MTR Kwai Fong Station Exit A)  
Tel: **3667 3232**

