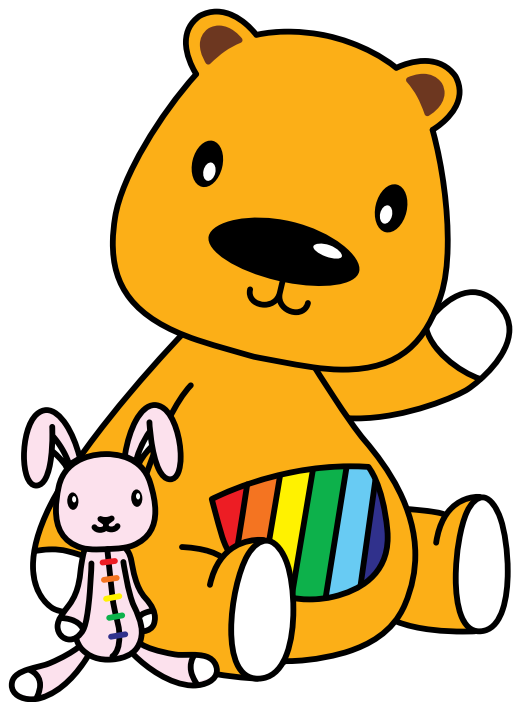
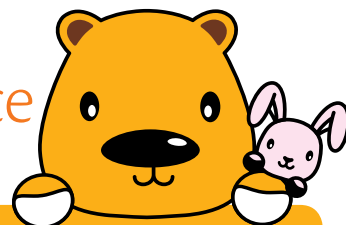


# Helping children cope when cancer affects the family



## A caring place



The Rainbow Club helps children who have a family member with cancer or who have lost someone to cancer. We believe no one should face cancer alone, including children.

Providing support, education and understanding, we listen to children and talk to them about changes that might be happening in their family.

Through playtime, art, activities, fun, and simply sharing, we help to restore smiles and confidence. There is always sunshine to be found after the rain at The Rainbow Club.

**Our service is FREE! Call us 3656 0800**

**“ Cancer affects not only me, but my children as well. It’s great that we all have somewhere to go for free support. ”**

Jenny, living with breast cancer

## Children need support when a family member has cancer

Cancer affects the entire family. Cancer is not an easy subject to talk about and many parents avoid the topic in fear that they will scare their children, making things worse. However, when someone in the family is diagnosed with cancer and it’s not talked about, a child’s fear, anxiety or sadness will only increase.

They could feel lonely, depressed, and frustrated. Children need to have cancer explained to them by professionals in a language they can understand and receive support to cope, just like adults.

## Has your child asked...

- Did I cause my mum/dad’s cancer?
- Will I get cancer now?
- Why do people lose their hair during chemotherapy?
- Will my mum/dad die?

### If a family member passed away from cancer:

- Why did my mum/dad die?
- Did I do something wrong?
- If I die, will I be able to join my mum/dad in heaven?

Come and see how our professional staff which includes art therapists, social workers and child experts can help relieve anxieties and explain things to your children. The Rainbow Club caters to children aged 5 to 15.



## We’re here to help



We offer a safe and caring environment where children can express their feelings, restore confidence and understand what’s going on.

### They can enjoy:

- Art classes to help them express their hidden emotions
- Fun games and activities for self-exploration
- Talking to our counsellors about their worries / anxieties
- Family workshops designed to improve relationships & communication between parents and children
- Playtime to free them from worries
- A mentor programme to receive academic support, guidance and care from young adults who can be like a brother or sister
- Mutual support from other children who have similar experiences
- Life skill programmes to promote confidence and self-development

## Come visit us

The Rainbow Club is a free service available at each of our five CancerLink support centres. CancerLink is a place for the whole family can come and relax in a supportive and a caring environment. Both you and your child/children can access activities at the same time. Please visit us at any of our centres:

### CancerLink Support Centre, Central

Unit 5, Ground Floor, The Center, 99 Queen’s Road Central, Hong Kong.

### CancerLink Support Centre, North Point

Room 2201-03, 22/F, China United Centre, 28 Marble Road, North Point, Hong Kong.  
(MTR North Point Station Exit A4)

### CancerLink Support Centre, Wong Tai Sin

Unit 2-8, Wing C, G/F, Lung Cheong House, Lower Wong Tai Sin (II) Estate, Kowloon.  
(MTR Wong Tai Sin Station Exit C2)

### CancerLink Support Centre, Tin Shui Wai

Shop 201C, 2/F, Fortune Kingswood Phase 2, 12-18 Tin Yan Road, Tin Shui Wai, New Territories.

### CancerLink Jockey Club Support Centre, Kwai Chung

3/F, TLP132, 132-134 Tai Lin Pai Road, Kwai Chung, New Territories.  
(MTR Kwai Fong Station Exit A)