“Cancer Fund helps us to face the problems we tried to escape. Now we are open to each other and are both being supportive in the cancer journey.”

Ah Fong, breast and lung cancer survivor, couple group participant

Established in 1987, Hong Kong Cancer Fund provides free information, professional guidance and peer support to anyone living with or affected by cancer. With a network of support spanning the hospital, the community and the home, Hong Kong Cancer Fund’s mission is to help make life better for people touched by cancer.

Where no one faces cancer alone 在這裡，沒有人會孤獨地面對癌症

香港癌症基金會於1987年成立，致力為受癌症影響的人士提供免費資訊、專業指導及朋輩支援服務，透過屬下轄屬醫院、社區及家居的支援網絡，基金會將努力令癌症患者活得更好的服務使命。
Support in the Community 社區支援

Our CancerLink support centres in the community provide the largest range of free cancer support services and programmes in Hong Kong to ensure no one is alone when navigating life with cancer. Our registered nurses and social workers help individuals and families manage their emotions, facilitate communication and provide opportunities to enhance emotional and physical wellbeing.

With a professional, multidisciplinary approach, our strength lies in the deep, lasting relationships we forge with individuals and their families. Providing care is the heart of our work and improving quality of life for anyone living with cancer is our driving force as we offer support in the community.

CancerLink, as a cancer care charity, only works with member hospitals to ensure that the best care is possible. We work with patients, therapists, nurses, and other professionals to ensure the best outcomes. We believe that the best way to help patients is to provide them with the best care possible.

Cancer patient resource centres
1. Tuen Mun Hospital
2. Princess Margaret Hospital
3. Prince of Wales Hospital
4. Queen Elizabeth Hospital
5. United Christian Hospital
6. Pamela Youde Nethersole Eastern Hospital
7. Queen Mary Hospital

CancerLink support centres
1. Central
2. North Point
3. Wong Tai Sin
4. Kowloon
5. Tin Shui Wai

Support services include:
- Counselling
- Peer support groups
- Workshops and seminars
- Information and education
- Support groups and clubs
- Referral services
- Special events and activities

CancerLink also provides services in the community, including:
- Home visits
- Telephone support
- Mobile clinics
- Online support
- Community workshops

To find the nearest support centre, please contact us at 1300 787 555 or visit our website at www.cancerlink.org.hk.
Practical Support 實踐支援

We provide care to address symptoms, side effects and chronic health conditions for our clients, as well as sourcing financial relief for those in need.

- Free hotline
- Symptom and side effect management workshops
- Nursing and dietary consultation
- Psychotherapy and rehabilitation services

我們提供實際支援及解決客戶的症狀與副作用，以及為有需要人士申請不同的緩衝方法，讓他們在經濟上生活得更好。

- 免費電話熱線
- 症狀及副作用處理工作坊
- 養護及營養諮詢
- 心理及康復服務

Psychological Support 心理支援

We provide support and care through individual consultation and group workshops which target the psychological aspect of cancer care.

- Professional counselling
- Cancer adjustment programmes
- Psychotherapeutic groups
- Life education

我們提供個人及小組工作坊，針對癌症治療和康復，提供心理支援和教育服務，提升生活質量。

- 專業輔導
- 癌症調整工作坊
- 心理治療小組
- 生活教育

Peer Support 同業支援

We facilitate peer support for our clients which provides encouragement, information and support on a much more personal level.

- Support for young adults
- Men's cancer support services
- Self help groups
- English speaking support group

我們為病患及其家人提供同業支持，讓他們獲得實用資訊及互相交流經驗，凝聚病患的精神。

- 年輕患者支援服務
- 男性癌症支援服務
- 自助支援服務
- 英語同業支持小組

Family Support 家庭支援

Through our services and programmes, we aim to nurture and strengthen family relationships to reduce the impact of cancer on the quality of life of all affected by cancer.

- Couple and caregiver support
- Rainbow Club provides tailored support for children with family affected by cancer
- Home care support

通過我們的服務及計劃，我們將會培育及強化家庭關係，以減輕癌症對所有癌症影響家人的生活品質。

- 情侶及照顧者支援
- Rainbow Club 提供自訂支援給家有受影響家庭的兒童
- 家庭護理支援
Wellness and Holistic Health Care

We believe that overcoming cancer takes more than just medicine. Wellness programmes help those affected by cancer understand the deep connection between body and mind, cultivate a state of inner peace and joy, and promote self-healing in order to reach a higher level of well-being and enhance the quality of life.

We offer programmes such as yoga, meditation, qigong, taiji, body awareness, and guided imagery to help you achieve inner peace and joy, and promote self-healing.

Our Wellness Programmes

- FREE wellness programmes
- Classes at convenient locations in your neighbourhood
- A wide range of holistic healing methods including yoga, breathing and relaxation, meditation, qigong and taiji. Body awareness, qigong and taiji, body awareness, qigong and taiji, body awareness, qigong and taiji.
- Programmes are also available online for easy access anywhere, anytime.

- 免費康療健康課程
- 雲端教學指導計劃
- 多元化的課程主題，包括瑜伽、呼吸和醫療大泡沫、靜坐、氣功及太極，身體覺知，普拉提和相關課程、冥想療愈、聲音療愈、能量治療、飄浮生活及養生飲食
- 提供免費網上教學指揮，讓有需要人士隨時隨地可以享受康療
Support in the Hospital

We have funded the establishment of seven cancer patient resource centres in all of Hong Kong’s major public hospitals. They offer a calm environment where patients and their families can access cancer information, psychosocial support, counselling and other essential resources throughout their cancer journey. We also fund medical equipment and help to refurbish oncology wards, waiting areas and radiotherapy rooms to make cancer treatment a less daunting experience.

Supporting Lifesaving Research

With the goal of helping to bring cancer under control, funding research has become an integral part of our work. Every year, we fund local research projects that look to develop new ways of treating, preventing and detecting major forms of cancer. Studies we support include research, genetic registries, vaccine studies and screening programmes.

Internationally we are part of the global community committed to finding better methods and, one day, a cure for cancer. We help to fund clinical trials worldwide in partnership with the European Organization for Research and Treatment of Cancer (EORTC), the largest cancer research agency in the world.

Recently we have supported research into a new type of cancer treatment that could potentially save lives. We are funding a project to develop a new drug that targets a specific type of cancer. The research involves collaboration with leading scientists from around the world.

In addition, we have provided funding for a study that aims to improve patient outcomes by developing new diagnostic tools. This research will help to identify patients who are at high risk of developing cancer, allowing for early intervention and improving survival rates.

Overall, our support for cancer research is helping to advance our understanding of the disease and bring us closer to finding a cure.
Our Work in China 中国的支援工作

In many parts of mainland China, cancer support services and rehabilitation programmes are underdeveloped, leaving cancer patients without access to vital information, emotional support and rehabilitation services. The New Voice Club is funded by the Cancer Fund and acts as our ambassador to China to assist laryngectomees in regaining their voice and reintegrating them into the community. Additionally, through the establishment of cancer patient resource centres in mainland hospitals based on our Hong Kong model, we are expanding our reach to more people living with or affected by cancer.

在中國大陸，癌症支持服務及康復服務的發展尚未成熟，以致當地大部分癌症患者無法獲取相關的資訊、情感支援及康復服務。新聲音俱樂部獲得癌症基金會贊助，致力為喉癌患者恢復聲帶功能，重返社會。此外，我們亦在大陸的醫院裡設立癌友資源中心，基於香港模式，讓越來越多癌症患者獲取康復服務。
Cancer Awareness 正確認識癌症

Education is the key to raising public awareness of cancer. Understanding symptoms for early detection and learning ways to lower cancer risks. We communicate the importance of a healthy lifestyle and information on getting checked or screened at appropriate times.

以下是教育基金會上魚的工作項目之一，我們相信只要及早發現癌症，便能大大提升治療機會。基金會透過各種教育宣傳活動，期望幫助更多人對癌症的認識，及早診斷，減少進行檢查，實現健康生活和減輕放療風險。

Our Publications 出版刊物

We also publish a series of more than 33 free cancer information booklets in English and Chinese on different cancer topics. These easy-to-understand resources offer expert information on various types of cancer, treatment and coping methods, and are available free in hospitals, Cancerlink support centres, public libraries and can be downloaded from Cancer Fund’s website at www.cancer-fund.org.hk/booklet/en.

我們出版超過10本癌症資料小冊子，配有中文版及英文版，以廣寄展宣傳癌症預防、早察及治療方法，使市民有更全面的認識。各醫護及社區專業機構人員亦獲贈冊子，鼓勵其向顧客及社區傳播癌症知識。公眾人士亦可登入本會網頁www.cancer-fund.org.hk/booklet/zh下載小冊子，擴展知識面。

“Early detection is the key to better patient survival and quality of life. Public education through awareness campaigns plays a pivotal role in changing the public's health seeking behavior.”

Dr Li-lo Lap Yin, Urologist and Medical Advisor, Hong Kong Cancer Fund Education Campaign

“及早發現癌症，是提升生活質素及減低患病風險的關鍵！基金會的公眾教育活動有助改變社會大眾對癌症的認識，促進有

義身心健康的行動。”

香港癌症基金會公眾教育活動總監及外科醫生

及顧問醫生李洛醫生
Our Supporters 感激各界支持

The Hong Kong Cancer Fund receives no money from the government or the Community Chest; we rely solely on public generosity to sustain our free and on-going cancer support services.

Our valued friends support us through donations, online fundraising initiatives, participation in various fundraising events and corporate sponsorship. Our regular monthly givers, our Circle of Friends members, are especially vital for the continuance of our services.

Your support can make a big difference to so many people’s lives. To find out more about how you can make a donation or get involved with fundraising for the Cancer Fund, please call (852) 3667 6333 or visit our website: www.cancer-fund.org/supportus/en.
VISIT OUR CENTRES
Cancerlink Support Centre, Central
Unit 5, Ground Floor, The Center, 99 Queen’s Road Central, Hong Kong
(9626 8626) Email: cancerlinkcentral@hkic.org

Cancerlink Support Centre, North Point
Room 2101-03, 22/F, China United Centre, 28 Marble Road, North Point, Hong Kong
(9626 9526) Email: cancerlinknorth@hkic.org

Cancerlink Support Centre, Tai Po
Unit 10, Tai Po Shopping Centre, 2/F, Tai Po, New Territories
(9626 8526) Email: cancerlinktaipo@hkic.org

Cancerlink Support Centre, Kowloon
Unit 3, Kowloon Station Plaza, Kowloon Station
(9626 6526) Email: cancerlinkkowloon@hkic.org

Cancerlink Support Centre, Tuen Mun
Unit 14, Tuen Mun Station, New Territories
(9626 7526) Email: cancerlinktuenmun@hkic.org

Cancerlink Support Centre, Sai Kung
Unit 10, Sai Kung Station, New Territories
(9626 6526) Email: cancerlinksaikung@hkic.org

Cancerlink Support Centre, Yuen Long
Unit 25, Yuen Long Station, New Territories
(9626 7526) Email: cancerlinkyuenlong@hkic.org

Cancerlink Support Centre, Sha Tin
Unit 5, Sha Tin Station, New Territories
(9626 7526) Email: cancerlinkshaatin@hkic.org

Service hotline: 3656 0800

Please Help – Cancer affects all 30,000 new people are diagnosed with cancer each year – can you help them?
By donating monthly you are ensuring that our free cancer support services are sustained, making a positive difference to patients’ quality of life and helping to improve care in Hong Kong.
(please complete this donation form to help us ensure no one face cancer alone.)

良品服务月捐款
You want to give a monthly donation of:
HK$500
HK$1,000
HK$2,500
HK$5,000
HK$10,000

请填妥此月捐款
Please fill in this monthly donation form:

Bank account
Account No.

信用卡
Card No.

支票
Cheque

Improving Cancer Care in Hong Kong

個人資料 Personal Information

- Full Name (Mr/Mrs/Miss)
- Date of Birth

聯絡地址 Address

電郵 Email

联络電話 Telephone

地址

Your personal information will be treated as strictly confidential and used only for handling your donation, sending updates, providing cancer awareness information, promoting fundraising activities, and ensuring you receive relevant information about our health and support services.

We may contact you in the following ways:

- Email
- Telephone

價由你決定，捐款公開透明，所有捐款$500或以上是為認捐額。

You decide how your donation is spent, as all funds go to our Cancer Support Services.

If you have any questions or concerns about your donation, please call our Donation & Enquiry hotline 3656 9200.

謝謝你對我們的支持，如有其他問題請電 3656 9200．
“So no one faces cancer alone.”
抗癌路上不孤單