













































Chairman's Message

主席的話



Everyone Can Help

services to ensure no one faces cancer alone.

Whether directly or indirectly, cancer affects us all. Not only is the incidence of cancer growing, but people are Established in 1987, Hong Kong Cancer Fund's living longer with this illness due to advances in detection mission is to provide hope, support and information to and treatment. Our work, funded entirely through people living with or affected by cancer. With a vision public generosity, brings together medical professionals, of bringing cancer under control, we offer practical social workers, volunteers and cancer care specialists to deliver seamless cancer care that spans the hospital, the community and the home.

Whilst improvements in cancer care continue to strengthen, more needs to be done to bring us closer to our vision of a cancer free future. In addition to our on-going services, we are reaching out on a global level to form partnerships in order to share expertise and breakthroughs in treatment and prevention. Here at home, local research, clinical trials, and major 癌症間接或直接地影響我們每一個人。隨著癌症新症個案不斷上升, public education campaigns to promote awareness and 加上診斷及治療技術越來越先進,人們會有更長時間與癌共存。有賴 emphasize the importance of early detection continue 市民大眾的支持,我們才得以與醫護專才、社工及關顧人員攜手合 to help bring this disease under control.

One of our immediate plans involve the establishment of a new acupuncture centre in Prince Of Wales Hospital, helping patients manage the side-effects of cancer treatment; at the same time providing greater choices to patients throughout their cancer journey.

Between now and 2012, our service expenditure is set to almost double, from HK\$40 million to HK\$75 million dollars per year. In order to sustain this growth, we need the support of individuals and companies who are eager to invest time, money or expertise in a cause that concerns us all. I hope you can be one of them.

It is my privilege to serve our community; and I look 能夠服務大眾,我們感到十分榮幸。人人都能伸出援手,我們熱切期 forward to welcoming you as a partner to our cause. 待您們的參與,一起迎向癌症受控的未來! Everyone can help.

Sally Lo, MBE Chairman

人人都可伸出援手

質支援服務,以確保沒有人孤獨地面對癌症

作,將無縫全面的癌症支援服務帶到醫院、社區以及患者家居裡

儘管癌症服務不斷改善,但我們還需做得更多,才能更快邁向癌症受 的重要性,進一步將危害人類生命的癌症變成歷史。

今年,我們計劃於威爾斯親王醫院成立全新針灸中心,協助癌症患者 紓緩治療的後遺症,讓他們的抗癌路上有更多選擇。

由現在至二零一二年,我們預計會將服務開支增加一倍,由每年的港 幣四千萬元增加至港幣七千五百萬元。為了讓屬下服務順利持續發 展,我們冀需願意奉獻時間、金錢及專業知識的熱心人士及機構團 體,出心出力地支持我們。我希望您們是其中一員。



香港癌症基金會 主席 羅莎莉



Our Services at a Glance

本會服務概覽

Public Medical China Support & Improving Hospital Environments Resource Centres Projects Education Research Equipment Fellowships 公眾教育 學術研究 改善醫院環境 醫療器材 進修資助 送暖到中國 支援及資源中心 Up-to-date Equipment for Medical Professional Hospital-based Centres Breast Cancer EORTC Art in Hospitals Community-based Centres Public Hospitals Training Cancer Patient Data For Local 乳癌 社區內的癌症服務中心 醫院內的癌症病人資源中心 醫院內的藝術畫作 公立醫院裡的嶄新器材 專業醫護培訓 Resource Centres Medical Professionals within Hospital Setting 為本地醫護人員提供之 CancerLink Support Centre Equipment Loan Oncology Conferences 於醫院內設立癌症 Queen Mary Hospital Cervical Cancer Visual Therapy Project 歐洲癌症研究和 & Workshops for Out-Patients Wong Tai Sin 病人資源中心 瑪麗醫院 子宮頸癌 治療組織數據 視覺治療計劃 日間病人復康用品借用 黃大仙癌協服務中心 腫瘤科會議及工作坊 Refurbishing for Pamela Youde Nethersole CancerLink Support Centre Colorectal Cancer Staffing for Research Post Oncology Wards Voice Training Eastern Hospital Central 大腸癌 資助聘請研究人員 修繕腫瘤科病房 Programmes for 中環癌協服務中心 東區尤德夫人那打素醫院 Laryngectomees Hong Kong Refurbishing for 為內地無喉者 Queen Elizabeth Hospital Clinical Research & Trials Skin Cancer New Voice Club Chemo Centres 舉行復聲課程 伊利沙伯醫院 臨床研究 皮膚癌 修繕化療中心 香港新聲會 Psychosocial Hong Kong Tuen Mun Hospital Anti-Smoking Stoma Association Research Stoma Care 屯門醫院 反吸煙 Programmes 香港造口人協會 心理社交支援研究 for Ostomates 為內地造口人 Prince of Wales Hospital Publications 舉行護理課程 威爾斯親王醫院 癌症資訊小冊子 Princess Margaret Hospital Website 網頁 www.cancer-fund.org 瑪嘉烈醫院 Tang Shiu Kin Hospital Integrated Palliative Day Care Centre 鄧肇堅醫院綜合紓緩治療日間中心













Hong Kong Cancer Fund's Support Network

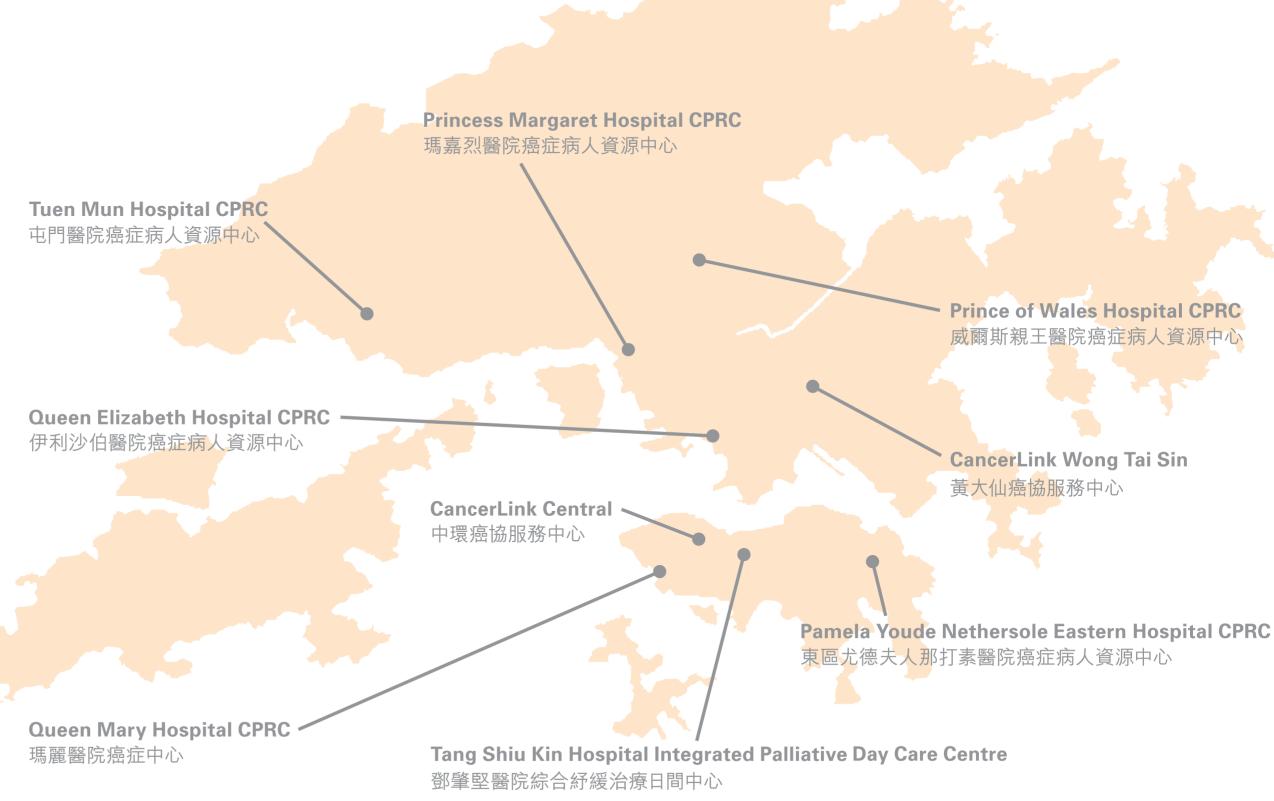
香港癌症基金會支援網絡

Cancer Patient Resource Centres (CPRCs)

癌症病人資源中心

Community Support Centres:
CancerLink

癌協服務中心



Support in the Hospital

醫院裡的支援



In collaboration with the Hospital Authority, we have established six Cancer Patient Resource Centres and a Palliative Day Care Centre throughout Hong Kong's major public hospitals, offering a calming centre where patients and their families can access cancer information, psychosocial support, counselling, and other essential resources to help them throughout their cancer journey. In the hospital setting, we also fund medical equipment to help improve diagnostic and treatment capabilities relating to cancer care, as well as providing funds to refurbish and redecorate oncology wards, waiting areas and radiotherapy rooms in order to make cancer treatment more comfortable and less daunting.

北們與醫院管理局緊密合作,在本港主要公立醫院內,設立六間癌症病人資源中心和一間綜合紓緩治療日間中心。資源中心寧靜諧和,為癌症患者及家屬提供癌症資訊、心理社交支援、情緒輔導及其他服務,協助他們走過段段抗癌旅程。我們同時資助醫院添置診斷及治療器材,改善其癌症服務之水平。我們亦資助腫瘤科病房、候診室及化療病房的修繕及裝潢工程,紓緩患者治療其間的不安和恐懼。



Softening hospital settings through artwork at radiotherapy department, Pamela Youde Nethersole Eastern Hospital

藝術畫作能令放射治療室變得諧和溫暖,圖為東區尤德夫人那打素醫院



A welcoming environment at one of the six Cancer Patient Resource Centres 六間癌症病人資源中心的環境均寧靜舒適

Support in the Community: CancerLink

社區內的支援: 癌協服務中心

Can share experiences with people in the same situation, access information and psychosocial support from professional carers, or enroll in complementary therapies that help to lessen feelings of isolation and nurture their overall well-being, focusing on the mind, body and spirit. With two community support centres located in Wong Tai Sin and Central, we bring people living with or affected by cancer together to remind them that they are not alone, helping to restore a sense of control.

協服務中心是社區內的癌症患者、康復者及其家人的匯聚點。同路人能夠在這裡分享經驗、獲取資訊,又或得到專業關顧人 是一員的心理支援及參加輔助治療課程,協助他們減輕孤立情緒,讓自己達致身、心、靈三方面的和諧。透過屬下兩間分別位於 黃大仙及中環的癌協服務中心,我們讓癌症患者及家屬團結一起,令他們不再感到孤單無助,並重新掌控自己的人生。 "CancerLink is a real oasis, the one place where you can speak to people in the same boat as you, who can truly empathise and know your problems."

Regular visitor, CancerLink Central

「癌協中心像一個心靈綠洲,讓我能與 其他患者分享-大家都有著相似患病經 歷,格外感同身受。」 中環癌協使思考

Free Services at CancerLink: 癌協服務中心的免費服務:

- Hotline 癌協熱線
- Information 癌症資訊
- Peer Support Groups 病人自助組織
- Rehabilitation Programmes 復康課程
- Psychosocial Support 心理及人際關係支援
- Nursing Consultations 護理諮詢
- Homecare 家居關顧







Professional Care

專業關顧

Professional Carers are the backbone of our service. Working on the frontline, our oncology nurse specialists, professional counsellors, hotline staff, social workers, dieticians and therapists play an important role in addressing the various aspects of living with cancer. Throughout our support centres, we also invite guest doctors, psychologists and other professionals to speak or host workshops on topics relating to emotional stress, medical realities of cancer and relationship issues.

作坊,題材涵蓋紓緩情緒壓力、癌症治療資 訊及兩性關係等。



"Our goal is to empower patients and their carers to take control of their cancer journey and approach their treatment and recovery with confidence."

Raymond Chan, Programme Manager, CancerLink Wong Tai Sin



「我們的目標是讓患者和家人更 自信地去迎接癌症的治療及復康過程。」

陳熾良, 黃大仙癌協項目經理

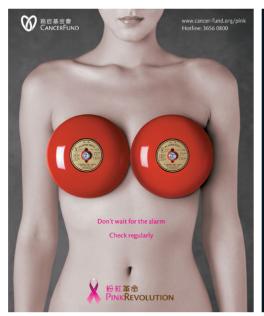
Public Awareness 公眾教育

Public education is the key to prevention, because when cancer can be detected early, the chances of successful treatment greatly improve. We help to communicate the importance of a healthy lifestyle, ways to minimize risks of developing cancer and essential screenings people need to undergo according to their sex, age and medical history; key steps in helping to stop cancer before it starts.

一次 眾教育的主要目的,就是提高大眾的防癌意識。其實及早發現癌症,能夠大大提高治癒的機會。我們積極宣揚預防癌症的重要,鼓勵市民維持健康生活習慣,遵循減輕患癌風險的方法,及呼籲他們按照自己的性別、年齡及病史去進行定期檢查,以防範癌症。

"Prevention is better than cure."

「預防勝於治療。」



Pink Revolution Breast Cancer Awareness Campaign

「粉紅革命」- 乳癌關注活動



Colorectal Cancer Awareness Campaign 大腸癌關注活動



Anti-Smoking Campaign 全城反吸煙活動



Six Minutes Protect a Life Cervical Cancer Awareness Campaign

「六分鐘・護一生」 - 子宮頸癌關注活動

Information & Publications 癌症資訊及小冊子

Providing information is the cornerstone of our work, enabling patients to understand their diagnosis and take control of their cancer journey from day one. We publish more than 33 titles of cancer information booklets in both English and Chinese, offering comprehensive information on various types of cancer and coping methods using easy-to-understand language. As one of the most valuable resources for newly-diagnosed patients and their families to understand more about cancer, we distribute more than 80,000 copies of these booklets each year. Our website: **www.cancer-fund.org** is also a valuable resource, where people can download our publications, learn prevention tips and find out how we can help people living with cancer.

手。們其中一項重要任務,就是向病人提供癌症資訊,協助他們由診斷出癌症的一刻開始,便瞭解自己所患的病症,繼而更能 掌握自己的抗癌道路。我們出版超過三十三本中文版及英文版的癌症小冊子系列,分為《認識癌症》及《如何應付》兩個 系列,以簡易文字深入剖釋各類癌症及應付癌症須知。癌症小冊子系列是新症病人及其家人認識癌症的重要資源,令他們得以疏 導疑慮。每年,我們派發超過八萬本癌症小冊子。公眾亦可透過本會網站www.cancer-fund.org下載有關小冊子,以獲取防癌資 訊,及學習如何幫助患上癌症的朋友。



Research and International Conferences

科研計劃及國際會議

"Hong Kong Cancer Fund supports local research" 香港癌症基金會資助本地及海外的癌症 and global clinical trials, both medical and behavioural. 研究及臨床試驗計劃。我們亦與全球最大獨 We also collaborate in international projects through the European Organization for the Research and Internation Dying and Bereavement of Cancer (EORTC), 際死亡、瀕死與喪慟工作組織會議 Workshop on "Meaning-織(EORTC)合作各類研究計劃。 the largest independent research organization in the world."

_{太地區大腸癌普查共識會議} Cervical cancer:

Why Our Work is Needed 為何我們的支援服務如此重要

Maggie was diagnosed with cervical cancer just over two years ago. The side effects from treatment severely affected her ability to live independently. She was weak to the point of feeling paralyzed, and began to feel that death was a better option than living. Recognizing her dire condition, hospital staff referred Maggie to CancerLink. There, our social worker helped to arrange home care support for Maggie (to help with tasks such as cooking meals and care in the home), and our professional carers - who not only counseled Maggie - introduced her to a peer support group where she could meet other women who were experiencing a similar type of cancer.

Maggie told us that the care and hope we provided her through our services meant a great deal to her physical and psychological well-being, providing her with the will and confidence to recover from her cancer experience. As a cancer survivor and Friend of CancerLink, Maggie now visits our CancerLink centre in Wong Tai Sin frequently to participate in peer group activities as well as rehabilitation courses like Tai Chi. As she said to us, "Now, everyday is a bonus."

Maggie於兩年前診斷出子宮頸癌。治療的後遺症影響了她獨立生活的能力。當時她的身體十分虛弱,好像殘廢了一樣,覺得生不如死。醫院得知她的需要後,便把她轉介至癌協。癌協社工隨即為她安排家居支援服務,由關顧義工替她準備膳食和處理家務。 其後,我們的專業社工輔導Maggie,更鼓勵她加入病人自助組織,結識一班有著相似患病經歷的同路人,彼此分享經驗和感受。

Maggie 曾説,我們的支援為她帶來關懷和希望,令她的身體和情緒狀況得以好轉,更重 拾抗癌意志和信心。作為癌症康復者及「癌協之友」的Maggie,現時已是黃大仙癌協的 常客,定期到中心參加朋輩小組及太極等復康課程。就像她所説:「現在,每一天都是賺 回來的!」





"I live alone, and I began my cancer experience all alone. But now I have a new family - CancerLink. I can't express how grateful I am for their care and support throughout my cancer journey!"

MaggieTsui, Cervical Cancer Survivor

康 復 者 徐 安 兒 (Maggie):「我獨 個兒生活,也獨自一我 面對癌症,直至找到癌 的新家庭——那就是癌 協服務中心。整個抗癌 旅程之中,幸好有他們 的陪伴和幫忙;我真的不知如何感激他們!」



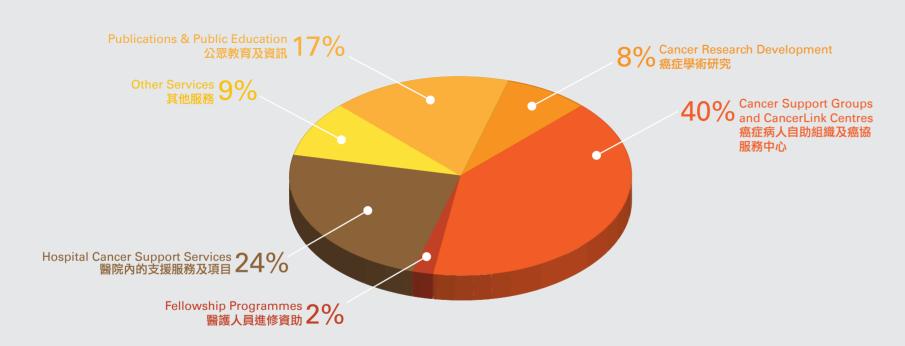
"For a community to be whole and healthy, it must be based on people's love and concern for each other."

「一個健全的社區,必須建基於 人們的相互關懷和愛護之上。」



How We Allocate Our Resources 我們如何運用資源

Service Distributions 服務開支分布

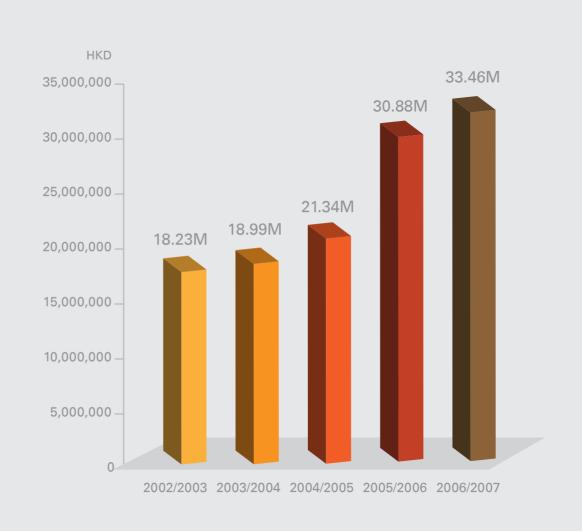


"We proactively assess where the gaps are needed in cancer care to effectively allocate our resources to the services needed most."

Sally Lo. Cancer Fund Chairman

How We Have Grown 我們不斷拓展服務範疇

Service Growth in the Last Five Years 過去五年的服務增長



"The rapid growth of the Cancer Fund is a natural reflection of the need for greater cancer care and support in our community."

Agatha Hu, Cancer Fund Operations Director

「我們有效地運用資源,主動填補癌症服務空隙, 以滿足癌症患者的不同需要。」

香港癌症基金曾王席羅沙莉女士

「癌症基金會的迅速拓展,反映了本地患者對癌症服務及 支援的需求越來越迫切。」

沓港福征基金曾行政總監胡恩欣女士

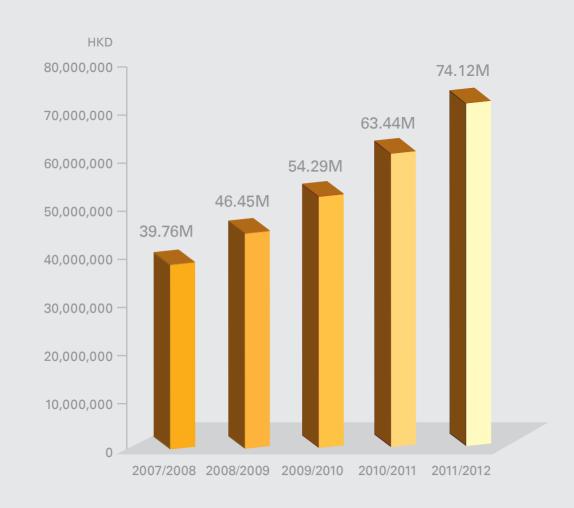
How Much More We Need

我們冀需更多服務資金

Projected Service Expenditure 預計服務開支 2007-2012

"In order to reach all the people who need and want our services, we need an increasing amount of funds to sustain our service growth. As Cancer Fund receives no support from the government or the Community Chest, it is up to the generosity of our donors to help make our work possible."

Andrew Yuen —
Fundraising Committee Chairman,
Hong Kong Cancer Fund



「為協助更多需要我們支援的癌症患者, 我們必須增加開支 藉以拓展服務範疇。 由於癌症基金會沒有接受任何政府及公益金 的資助 我們屬下的服務全靠善長的慷慨支持。」

香港癌症基金會籌款委員會主席阮偉文先生





To ask how you can get involved in the work of the Cancer Fund, please call Ms. Kennie Cheung, Marketing Director at 3667 6380 to arrange a face-to-face meeting.

若想伸出援手, 請致電3667 6380 聯絡市場推廣總監 Kennie Cheung 小姐, 我們很高興與你面談。

Back row (from left):

Kennie Cheung Robert Lo Denise Lee Winnie Lo Irene Cheung William To Joanna Lo

Front row (from left):

Agatha Hu Sally Lo Bill Ng

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贊助人及顧問委員會

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The Honourable Donald Tsang, GBM, The Chief Executive, Hong Kong SAR 香港特別行政區行政長官曾蔭權先生, GBM

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One Vision, Many Partners

Each and every day, Cancer Fund receives expert guidance and support from medical professionals, donors, corporate supporters, volunteers and other valued professionals throughout the community.

Cancer Fund wishes to thank our many partners, particularly the Hospital Authority, who are an essential link to providing seamless cancer care.

同一信念 不同伙伴

每日,香港癌症基金會都得到專業醫護人員、善長、機構、 義工及其他專業人士的意見及支持。香港癌症基金會謹此感謝各個服務伙伴, 特別是醫院管理局,與我們同為香港提供全面無縫的癌症服務而出力。





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香港癌症基金會

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www.cancer-fund.org