

Fighting Cancer with More than Medicine

Whilst modern medicine and technology has come a long way in furthering the detection and treatment of cancer, cancer still remains an illness that has a deep impact on people's quality of life, affecting the physical, emotional and spiritual well-being of patients and their families.

In helping to restore a sense of control and make the cancer journey easier, Hong Kong Cancer Fund established a free cancer support and guidance centre called CancerLink, right in the heart of Central.

Visitors to the centre can seek a wide range of free and professional support options, from private nursing consultations, to in-depth explanations on cancer treatment, or simply meeting fellow peers who are in a similar boat.

Oncology nurse specialist at CancerLink, Ms. Camila Li said: "our role is to provide information and support to help individuals and their families come to terms with a cancer diagnosis and take control of their cancer journey."

"It's important for people to have access to the right information and find ways to minimize the anxiety of their experience," said Camila, who welcomes patients to join regular workshops such as 'diet & cancer', or 'how to prepare for chemotherapy.'

As a one-stop shop for cancer support and information, Li says anyone touched by cancer is welcome to drop in and ask whatever questions may be on their mind. As a free service to the community, it doesn't cost a thing to receive private consultations or make use of their comprehensive services.

If you or someone you know could benefit from free cancer support, please visit CancerLink Central, conveniently located at Unit G-03, The Center, 99 Queen's Road Central, call **3667 3000**, or visit **www.cancer-fund.org**.



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